

**GUJARAT TECHNOLOGICAL UNIVERSITY**  
**B.Ph. - SEMESTER- V EXAMINATION – WINTER -2021**

**Subject Code:BP507TP****Date: 24/12/2021****Subject Name: Integrated Personality Development Course****Time: 10:30am to 01:30pm****Total Marks: 80****Instructions:**

1. Use Only OMR to answer this question paper
  2. Attempt all section.
  3. Make suitable assumptions wherever necessary.
  4. Figures to the right indicate full marks.
  5. Student has to darken the circle in OMR answer sheet with the same serial number as per the Serial number of question paper.
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**Section A**

*Instructions: For each question choose ONLY ONE option and mark it on the answer sheet given to you. All questions are compulsory. Answer according to what you learnt from the IPDC lectures and workbook.*

**Marks: 16**

1. We should not allow any difficulties that arise in our lives to stop us from pursuing our dream.  
A: True  
B: False
2. The rishis of India have contributed greatly to the fields of Mathematics, Astronomy, and Physics.  
A: True  
B: False
3. If technology is used without discretion, then it is a blessing. But with discretion, it is a curse.  
A: True  
B: False
4. Relying only on ourselves is the only way of achieving our dreams.  
A: True  
B: False
5. Julius Caesar learnt Sanskrit so he could study the Bhagavad Gita and ancient Indian texts.  
A: True  
B: False
6. A single thought has the potential to change the entire world.  
A: True  
B: False

7. Within the circle of influence, there are things that you can control.  
A: True  
B: False
8. A good listener will have a conversation while also texting on their phone.  
A: True  
B: False
9. As a young adult, it is important to dream, to visualize a goal, and then contemplate on how to achieve it.  
A: True  
B: False
10. According to Robin Sharma, it only takes 11 days to develop a new habit.  
A: True  
B: False
11. Seva means to serve individuals with the expectation of praise and rewards.  
A: True  
B: False
12. In the face of difficult circumstances, we should try to remain steady and think clearly.  
A: True  
B: False
13. The difference between who you are and whom you want to be is what you believe. And that which you believe consistently is called a Habit.  
A: True  
B: False
14. The Vedic text, Baudhāyana Shulba Sutra, contains surgical techniques like heart bypass surgery.  
A: True  
B: False
15. Project Management should be done after completing the Project.  
A: True  
B: False
16. Though a Legend might not be present physically, their value-based life can serve as an inspiration for others.  
A: True  
B: False

## Section B

*Instructions: For each question choose ONLY ONE option and mark it on the answer sheet given to you. All questions are compulsory. Answer according to what you learnt from the IPDC lectures and workbook.*

**Marks: 32**

17. In the context of decision making, to 'consider your options' means to ...
- Gather information and data
  - Weigh the information you have gathered
  - Act on the selected options
  - Identify the problem at hand
18. Which Indian medical researcher developed the world's first organ regeneration technique?
- Balkrishna Matapurkar
  - Ashima Anand
  - Subrata Adak
  - Srinivasa Ramanujan
19. Which of the following is NOT a technology etiquette?
- Stay engaged with your phone while you study
  - Do not use devices while having a family dinner
  - Turn off your notification
  - Remove counter-productive apps
20. Fill in the blanks with the correct words from the following quote: " Having someone to love is \_\_, having somewhere to go is \_\_, having both is \_\_."
- family, home, a blessing
  - lovely, friendly, comfort
  - good, great, fantastic
  - rare, lucky, a wish fulfilled
21. What kind of person is NOT effective at networking?
- Someone who is good at listening
  - Someone who is good at asking the right questions
  - Someone who stays in touch only when they need something
  - Someone who is sincere

22. Which of these people had the following thought that led to their success – “What happens if you divide 0 by 0?”

- a. Srinivasa Ramanujan
- b. Isaac Newton
- c. Albert Einstein
- d. Abdul Kalam

23. According to the workbook, which of these does NOT lead us to failure?

- a. Self-doubts
- b. Fear of failure
- c. Finding support
- d. Making excuses

24. Which of the following methods should we NOT adopt during difficult challenges?

- a. Find a positive attitude
- b. Find someone to blame
- c. Find workable solutions
- d. Find assistance

25. What was the ideal example of project management that was used as a case study in the lecture?

- a. The Taj Mahal
- b. The Burj Khalifa
- c. The Swaminarayan Akshardham
- d. The Pyramids of Egypt

26. Steve Jobs would look in the mirror every morning and ask himself?

- a. “If today were the last day of my life, would I want to do what I am about to do today?”
- b. “I have cancer, how long do I have to survive?”
- c. “I want to improve my company – what can I contribute to make it better?”
- d. “What tasks should I complete by the end of today?”

27. According to the research done by Robert Waldinger, we learned that people who are well connected to their families are:

- a. Happier, physically healthier, and live longer
- b. Luckier, smarter, and live till 90
- c. Frustrated, bored and live a sad life
- d. Talented, intelligent, and adventurous

28. What are the proven ways to show the other person that you are completely engaged in the conversation?

- a. Summarizing the main points
- b. Asking appropriate questions
- c. A & B both
- d. None of the above

29. How do habits form?

- a. Cue-> routine-> reward
- b. Practice -> perfect practice -> reward
- c. Learn -> practice -> success
- d. Learn -> patience -> success

30. What research does the Zero Project Foundation do?

- a. Motor engine with zero carbon emissions
- b. Effect of Zero-tolerance laws
- c. The origins of the digit zero
- d. None of the above

31. Which of the following is NOT mentioned as a flip side of the social media in the IPDC workbook?

- a. FOMO
- b. Negative body image
- c. Healthy sleep patterns
- d. Poor concentration

32. "Don't stop \_\_ your dreams, because dreams do come true." - Sachin Tendulkar.

- a. Chasing
- b. Forgetting
- c. Sharing
- d. Creating

### Section C

*Instructions: For each question choose ONLY ONE option and mark it on the answer sheet given to you. All questions are compulsory. Read each question carefully before answering. Apply what you have learnt from the IPDC lectures and workbook to choose the best option.*

**Marks: 32**

33. Rakesh is preparing for his final year exams that are going to start in a week's time. He is a bright student and has completed 70% of his preparation. During his final days of preparation, his classmate, Amit, requests him to come to his home and help him with the preparation of the exams. What should Rakesh do?

- a. Rakesh will politely request Amit to seek help from others as he only has a limited amount of time
- b. Rakesh should go to Amit's home and help Amit revise. They can complete pending study preparation together by managing time efficiently.

34. Amita recently entered an early retirement after completing a long term as the CEO of a successful design and technology company. Her comfortable retirement package allows her to have a lot more free time available. After creating a potential list of how she wants to spend her time, she is weighing up the following two options. Which of the below do you think she should make a priority?

- a. Join back to her previous company as an advisor, this will allow her to use her skillset to help the company keep innovating.
- b. Volunteer in the local Young Entrepreneurs Programme to use her skills to teach and inspire the youth.

35. Gayathri has wished to join the Indian Air Force since she was a little girl. When the entrance day comes, she passed her written assessment but was unable to pass the interview stage. She is disheartened. What advice would you give her?

- a. She should have faith in herself and take another chance at it. She should prepare better and improve herself. Leave the rest to God.
- b. She should move to other options. If it was meant for her then she would have made it on her first attempt.

36. Pallavi was very close with her family as a child. But after finishing her 7th standard, she attended an out-of-state boarding school. And then later studied in college abroad. After 9 years, she finally returned to settle with her family at home. But she is finding it difficult to connect with her family as she did as a child. What do you think Pallavi should do?

- a. Pallavi should give herself time to settle down and adjust to her new environment.
- b. Pallavi should regularly spend some quality time with her family.

37. As a student, you want to excel not just in your academics but your personal life too, should you....

- a. Seek to build a strong network with your teachers and classmates.
- b. Seek to build a strong network with classmates only, as teachers do not work in the industry, meaning that their knowledge is theoretically limited.

38. 'First they break you and then they remake you'. What can we learn from this method that the USA Army uses to train its recruits?

- a. We should be ready to come out of our comfort zone to further our personal growth.
- b. We should break all limits and make innovations.

39. Jatin recently scored low marks in his mid-semester exam. In the last few months, he managed to get persuaded by his new friend group to join them in playing cricket every day instead of studying for his exams. Jatin is being calmly questioned by his concerned father for the reason behind his academic struggle. What reason should Jatin give?

- a. It was my friend's fault. If they did not ask me to join them to play cricket, then I would have been more focused on my exams.
- b. It was my fault. I should have convinced my friends that I need to spend more time studying instead of playing cricket every day.

40. Chintan's younger sister, Trupti, is describing a recent story she wrote for her English essay. But as usual, she is taking a lot of time by describing every detail. Chintan is feeling impatient by her story and is trying to figure a way to ease his boredom. What should he do?

- a. Chintan should try to understand and appreciate how hard Trupti has worked in creating this story and should find joy in this.
- b. Chintan should use his intelligence to guess the rest of the story. By carefully inputting his guesses into the conversation, he can finish the story quicker and leave.

41. You are developing your dream home. You have put a lot of effort, time, and thought into your dream project. During the execution, you find that part of your design cannot be implemented as intended due to technical limitations. What will you do?

- a. Seek advice from workers, as they may have the practical experience to modify your design as per the best-suited option.
- b. Try to innovate a new design yourself, that can overcome the technical limitations and still align with your vision.

42. Two weeks ago, Abdul submitted his scientific research paper for his first review. Due to the lack of support from his appointed research partner, Abdul had to rush the result analysis. Today, when he went to collect feedback, his professor responded only with harsh criticism for his work. How do you think Abdul should handle the situation, going forward?

- a. He should ignore the Professor's harsh tone and keep trying amidst the difficult circumstances.
- b. He should try and use that criticism to improve his research paper.

43. Mira and Bira are both medical students who have decided to volunteer for the college blood drive. They were both scheduled to spend one-hour taking blood from the donors, before leaving for their summer vacation. But the organiser has requested them to stay two hours longer to help deal with the unexpected increase of donors. Mira and Bira both have different responses, which one from the following do you think is more appropriate?

- a. Mira agrees to continue her seva as long as necessary.
- b. Bira decides to leave as she has completed the time that was originally agreed.

44. Suraj is having a discussion with his friend Minesh about a recent argument they had at college. This incident has made Minesh feel disappointed. He believes that Suraj is to blame for the whole incident. But Suraj tries to calmly explain why he reacted in the way he did. What is the best way for Minesh to approach this conversation?

- a. Minesh should get up and leave the conversation. Then try to forget about the incident.
- b. Minesh should carefully listen and try to understand Suraj's perspective with an open mindset.

45. Sanjay spends time on social media until late at night. Because of this, he is sometimes unable to wake up on time in the morning. On such occasions, he sometimes skips his scheduled workout session, so that he can catch the bus to work, to arrive on time. What do you think Sanjay should do to become more consistent?

- a. He needs to break the habit of staying up late so that he can wake up on time and complete his morning workout as planned.
- b. Social media is also an important part of his nightly routine. So, he should buy a personal vehicle and use that to reduce travel time. That way he can exercise and reach his office on time.



46. Riya has been invited to this year's National Youth Summit. As a medical student, she has been asked to prepare her view on the future of India and its medical practitioners. She is trying to decide which message she should convey. What do you think is the best option?

- a. Youths should contribute to India by becoming doctors. Being a doctor means you can become wealthy and reputable.
- b. Youths should contribute to India by becoming doctors. Being a doctor means you can serve your country by helping its citizens.

47. Shreya is studying hard for her upcoming exams but keeps getting distracted by her phone notifications. She wants to remain focused but also does not want to miss out on the latest conversations with her friends. What should she do?

- a. Change her status to 'do not disturb', so that her friends only know to contact her if they have something really interesting to share.
- b. Put her phone on silent and out-of-sight until she has finished studying.

48. Yash is planning to donate to charity from his income, but he has some doubts about which is the best method. His colleague informs him of two options. The first option is to donate through a popular charitable trust, which will allow him to also benefit in tax. However, this trust will not fully utilize his donation to help the needy. The second option is to donate to an NGO that guarantees that the whole of the donation will reach the needy. However, this second option will not provide any tax benefits for Yash. What should Yash do?

- a. The first option is best as it will allow Yash to help the needy while also benefiting himself.
- b. The second option is best as it will allow Yash to guarantee the needy will fully benefit from his donation.

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