

GUJARAT TECHNOLOGICAL UNIVERSITY**B.Ph. - SEMESTER-V • EXAMINATION – SUMMER-2021****Subject Code: BP507TP****Date: 09/08/2021****Subject Name: INTEGRATED PERSONALITY DEVELOPMENT COURSE****Time: 02:30PM TO 05:30PM****Total Marks: 80****Instructions:**

1. Use Only OMR to answer this question paper
 2. Attempt all section.
 3. Make suitable assumptions wherever necessary.
 4. Figures to the right indicate full marks.
 5. Student has to darken the circle in OMR answer sheet for Question no 1 to 48 only.
 6. Student has to darken the circle in OMR answer sheet with the same serial number as per the serial number of question paper.
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Section A

Instructions: For each question choose *ONLY ONE* option and mark it on the answer sheet given to you. All questions are compulsory. Answer according to what you learnt from the IPDC lectures and workbook.

Marks: 16

01. We should learn to be adaptable when working in a team.
 - a. True
 - b. False

02. My personal growth depends only on my surroundings.
 - a. True
 - b. False

03. Though a Legend may be not present physically, their value-based life can serve as an inspiration for others.
 - a. True
 - b. False

04. Asking for forgiveness is an act of a coward.
 - a. True
 - b. False

05. Staying in contact is key when building your network.
 - a. True
 - b. False

06. Project Management should only be done after completing the project.
- a. True
 - b. False
07. In the face of failure, we should try to see the positive angle.
- a. True
 - b. False
08. There is no risk of addiction, when smoking cigarettes occasionally to please one's friends.
- a. True
 - b. False
09. One of the ways social media developers have strategized to keep users engaged for a long time is by removing stopping cues.
- a. True
 - b. False
10. Financial planning is useful when moving abroad or buying a house.
- a. True
 - b. False
11. Time efficiency means to effectively complete the project within the deadline.
- a. True
 - b. False
12. Focus on what you can control and do not waste energy on things that you cannot control.
- a. True
 - b. False
13. Social media has been designed to keep users engaged on their device for only a brief amount of time.
- a. True
 - b. False
14. Compounding is a process of growing.
- a. True
 - b. False

15. Failing means that one has no potential to achieve success

- a. True
- b. False

16. Your life will expand or contract in direct relationship to your good and bad habits.

- a. True
- b. False

Section B

Instructions: For each question choose *ONLY ONE* option and mark it on the answer sheet given to you. All questions are compulsory. Answer according to what you learnt from the IPDC lectures and workbook.

Marks: 32

17. Which of these people had the following thought that led to their success – “What happens if you divide 0 by 0?”

- a. Srinivasa Ramanujan
- b. Isaac Newton
- c. Albert Einstein
- d. Abdul Kalam

18. What should a person do while listening to someone?

- a. Think on what to do after the conversation
- b. Make it look like they are listening
- c. Brainstorm on homework
- d. Give full attention to the speaker

19. What you do ___ is called a habit.

- a. Punctually
- b. Nicely
- c. Consistently
- d. Lovingly

20. What did Tata do for the people of India?

- a. Tata created a free telephone service with unlimited data.
- b. Tata created an affordable car for every family.
- c. Tata created the largest hospital in Mumbai.
- d. Tata created a new submarine for the military.

21. What was the ideal example of project management that was used as a case study in the lecture?
- The Taj Mahal
 - The Burj Khalifa
 - The Swaminarayan Akshardham
 - The Pyramids of Egypt
22. Complete the following phrase: "Home is where the ___ is"
- Mind
 - Heart
 - Life
 - Light
23. According to the workbook, which of the following is NOT part of the process of forgiving?
- Consider why you want to forgive this person
 - Choose to forgive
 - Think of the person's flaws and share it with others
 - When in doubt, take your time
24. Which of the following points is NOT one of the habits that Tom Corley, author of "Change Your Habits, Change Your Life" discussed in his study of 233 self-made millionaires over a period of 5 years?
- They get up early
 - They sleep 4 hours or less
 - They read a lot
 - They make exercise a priority
25. Which famous failure is best known for later success in writing the best-selling book series Harry Potter?
- John Rolling
 - JK Rowling
 - George Orwell
 - JRR Tolkien

26. Fill in the blanks with the correct words from the following quote: " Having someone to love is __, having somewhere to go is __, having both is __."
- a. family, home, a blessing
 - b. lovely, friendly, comfort
 - c. good, great, fantastic
 - d. rare, lucky, a wish fulfilled
27. Which of the following does NOT contribute to being a good team player?
- a. Sacrifice
 - b. Value each team member
 - c. Make sure to claim your credit
 - d. Learn to change, change to learn
28. Which one of the following activities is harmful?
- a. Avoidance of the usage of phone in the middle of the night
 - b. Spending more than 5 hours a day on the phone
 - c. Prevention of misusing social media
 - d. Turn your phone on airplane mode while studying
29. Purchasing a smartphone is most likely to be which type of financial goal?
- a. Short-term
 - b. Mid-term
 - c. Maximization
 - d. Strategic
30. According to the IPDC workbook, family get-togethers should take place at least:
- a. Once every week
 - b. Once every month
 - c. Once every year
 - d. Once every 2 years
31. Which of these is NOT one of the principles of the Project Management Triangle?
- a. Environmental Impact
 - b. Quality of Project
 - c. Time Efficiency
 - d. Resources

32. What was the fate of the shining star Devashish Ghosh?

- a. He is currently working at NASA, even though he had initially declined their offer
- b. He is working for ISRO since he declined NASA's offer to serve his country
- c. He is working on aerospace research for Lockheed Martin
- d. He is working at a clothing processing factory in Ahmedabad

Section C

Instructions: For each question choose ONLY ONE option and mark it on the answer sheet given to you. All questions are compulsory. Read each question carefully before answering. Apply what you have learnt from the IPDC lectures and workbook to choose the best option.

Marks: 32

33. "The rule of 21" - What did we learn from this rule in the context of new habits, as mentioned by Robin Sharma in his book named - "Who will cry when you die?"

- a. You should develop a habit, by practicing it for 21 days without a break. Initially, it is normal to feel uncomfortable for the first few days. But if you break them in for about three weeks, they will fit like a second skin.
- b. If you find it uncomfortable while developing a new habit then take a break and continue when it feels more natural to you. Continue this until you reach the 21 days target to develop a beneficial habit.

34. 'First they break you and then they remake you'. What can we learn from this method that the USA Army uses to train their recruits?

- a. We should be ready to come out of our own comfort zone to further our personal growth.
- b. We should break all limits and make new innovations.

35. After graduating, Shivani started working as a data scientist for the last 4 years. She has been earning ₹7 lakh rupees every year. Now that her 25th birthday is approaching, she is wondering about the best time to start a retirement fund. What financial plan will allow her to benefit the most?

- a. Start investing into a retirement fund straight away to earn more money through compound interest.
- b. For the next 5-7 years, she should keep her money free so she can spend. She can then start a retirement fund afterwards.

36. Ram has just received his mid-term exam back from his teacher. He has scored the highest score in the class with an amazing 91%. After being praised by his teacher, Ram looks through his classmate's paper. His classmate, Shyam, has also scored very highly. Upon further inspection, Ram notices that one of Shyam's questions was marked incorrectly. If Ram informs the teacher then Shyam will gain 3 more marks. However, this will put Shyam as the highest scorer and Ram as second. What do you think Ram should do?

- a. Ram should not inform the teacher. The fault belongs to the teacher. So, Ram should just enjoy his well-earned first place.
- b. Ram should inform the teacher about the mistake and take pleasure in helping Shyam get a better grade.

37. Anuj has an aspiration of becoming a credible IT consultant. He spends most of the time on his laptop and mobile to watch online certification training videos, track market trends, and to expand his professional network. However, this prevents him spending much time with his family even though they live in the same household. His parents often complain about him being 'always stuck to his laptop and mobile'. How should Anuj evaluate his routine?

- a. Anuj should keep his career as his prime focus. He should promise his parents that he will schedule them in some quality time for one weekend, next month. After his career is set then he will make more time to spend with his family.
- b. Anuj should schedule some quality time for his parents every week. He can continue working on his career, but it will not hurt him to take a break from his electronics now and again.

38. Sanjay spends time on social media until late at night. Because of this, he is sometimes unable to wake up on time in the morning. On such occasions, he sometimes skips his scheduled workout session, so that he can catch the bus to work, to arrive on time. What do you think Sanjay should do to become more consistent?

- a. He needs to break the habit of staying up late, so that he can wake up on time and complete his morning workout as planned.
- b. Social media is also an important part of his nightly routine. So, he should buy a personal vehicle and use that to reduce travel time. That way he can exercise and reach his office on time

39. Two weeks ago, Abdul submitted his scientific research paper for his first review. Due to the lack of support from his appointed research partner, Abdul had to rush the result analysis. Today, when he went to collect feedback, his professor responded only with harsh criticism for his work. How do you think Abdul should handle the situation, going forward?

- a. He should ignore the Professor's harsh tone and keep trying amidst the difficult circumstances.
- b. He should try and use that criticism to improve his research paper

40. On the result of his good exam performance, Kirtan recently gained admission to a prestigious college. But upon exploring the college environment, he sees that most of the students are intelligent, wealthy and speak fluent English. Kirtan, coming from a lesser advantaged background, feels that he does not belong in this environment. What do you think Kirtan should do?

- a. Kirtan should remember that he has earned the right to admission through his academic ability. He should focus on working hard and not on his background.
- b. Kirtan needs to be more like the other students. If he starts wearing fancy clothes and copies the speaking style of the other students, then he will feel more comfortable.

41. Sejal often gets stressed because she has financial difficulties. She is also addicted to cigarettes, smoking 15 cigarettes daily. She refuses to stop smoking because she says that it helps control her stress. Do you think it is beneficial for her to stop smoking?

- a. Yes. Spending money on cigarettes is wasting her money. If she can be strong and give up her addiction, then this will be more beneficial in the long term.
- b. No. By trying to stop smoking she will get more stressed. Which will only make her situation worse.

42. Smit's fashion design company recently released a new product. But so far sales have been very low. He has gathered with the sales team to find a solution before their product fails. Rita, the new intern, has been assigned to serve snacks and chai to the members in the meeting. While serving during the team's discussion, she asks to contribute an idea to increase the sales of the new product. What do you think Smit should do?

- a. Tell Rita that it is not appropriate to speak right now. She first needs to get more experience before trying to contribute any ideas.
- b. Let Rita share her ideas. She may have something worthwhile to contribute to the discussion.

43. Chris Anderson (Chief Executive of 3D Robotics) once stated that, " We have seen the dangers of technology first-hand. I've seen it in myself, I don't want to see that happen to my kids." Which statement best describes the important lesson to be learnt from this quote?

- a. Children under the age of 12 should be banned from using social media.
- b. The use of technology can be harmful, especially for youths. It should be limited and used cautiously.

44. Suraj is having a discussion with his friend Minesh about a recent argument they had at college. This incident has made Minesh feel disappointed. He believes that Suraj is to blame for the whole incident. But Suraj tries to calmly explain why he reacted in the way he did. What is the best way for Minesh to approach this conversation?

- a. Minesh should get up and leave the conversation. Then try to forget about the incident.
- b. Minesh should carefully listen and try to understand Suraj's perspective with an open mindset.

45. Kavya's friend, Arjun, is describing a recent bad experience he had with the police. This incident has made him frustrated, and he wants to explain what happened. How should Kavya, as a good listener, contribute to this conversation?

- a. Kavya should wait for a gap in the conversation, to agree, and voice her strong opinion on bad police conduct.
- b. Kavya should ask open-ended questions to better understand how Arjun feels.

46. Dhaval has been visiting the cricket nets every day to practice for the upcoming regional trials in a few days' time. He feels confident in his ability and expects to gain a spot in the regional cricket team. Upon his regular visits, he gets familiar with another youth called Raj. Upon talking, Dhaval finds out that Raj is also applying for the trials. Raj requests Dhaval to give him some guidance on his batting style. Raj is not sure whether to help him or not, because competition is already high and Dhaval seems naturally talented. What do you think Raj should do?

- a. Dhaval should try his hardest to assist Raj improve his batting technique.
- b. Dhaval should give Raj a few general tips before leaving to focus on his own technique.

47. Ravi has recently developed a new start-up company providing an online delivery service. His company has been gaining many orders from his customers. His six employees have been working non-stop for the last 18 hours to meet the increased demands. As he is about to leave the office, he sees it is 10 PM, and his employees must still package 300 more products before they can rest tonight. As their leader, how should Ravi engage with his employees?

- a. Ravi should take out a few minutes to order his employees to work harder and faster.
- b. Ravi should stay with his employees to help them finish packaging the products.

48. Megha has recently been feeling unhappy and lonely. Since the last 2 weeks, she has been longing to share her emotions with someone. What should she do?

- a. She should reach out to people using social media and create new friendships.
- b. She should express her feelings to family members who she feels comfortable with.